

TWENTY-FIVE YEARS AGO†

EXCERPTS FROM OUR STATE MEDICAL JOURNAL

Vol. XVII, No. 3, March, 1919

EXCERPTS FROM EDITORIAL NOTES

The Santa Barbara Meeting.—In the advertising section you will find the rates of the Hotel Potter, Santa Barbara, where the annual meeting of the California State Medical Society will convene on April 15, 1919. . . .

Suggestions to Authors.—Your audience does not want to hear you mumble through a lot of monotonous description, history, and detail. They will not listen if you become absorbed in *reading* your paper. Therefore, try this. Write your paper and revise it. Then read it slowly, considering how each paragraph will impress your *audience*. Then revise it again with this in view. *Then* familiarize yourself with it so thoroughly that you can get up and *speak* it in five minutes less time than it takes to *read* it. And drive home your conclusions and personal opinions. Make it personal, otherwise we had better have phonograph records.

Health Day.—One of the best by-products of the war is the awakening of the people to the importance of health. After devoting so much time and thought and treasure to destructive work, to shortening the lives of the few for the benefit of the many—a constructive reconstruction demands that the lives of the many be as pleasantly prolonged as possible. The extraordinary loss of life from the World War and the pandemic makes the health of the survivors more precious and more essential to the progress of civilization.

The relation of the State and the individual was greatly changed by the war. The health of the soldier was of primary importance to the Government during the short destructive days of war, and the health of the civilian is not of secondary importance during the long constructive days of peace. . . .

We are deeply gratified to see California take the lead in this health improvement and to recognize leading members of the medical profession as the leaders. The League for the Conservation of Public Health has inaugurated a movement to establish a new legal holiday to be known as Health Day. Bills have been introduced in the Senate and Assembly proposing to declare April 30 an annual Health Day to be devoted to "all forms of healthful recreation, a field day for physical prowess, popular lectures on the fundamentals of urban, rural, mental, public and personal hygiene, and the patriotic, scientific, economic and moral aspects of our common health progress and problems."

Dr. John H. Graves, the president of the League, has issued a statement in which he says:

"The doctors, by training and experience, should be best qualified to lead in questions of public health. Our special information places a civic responsibility upon us that we cannot neglect without jeopardizing both the public health and our profession. There is a growing demand that the physician shall meet his civic duty by suggesting the ounce of prevention as well as the pound of cure. For the purpose of creating and maintaining a healthy public interest in this important subject of health, our League for the Conservation of Public Health has introduced Senate Bills No. 424, 425 and Assembly Bills Nos. 744 and 746, to establish in California the first Health Day of the Nation." . . .

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† This column strives to mirror the work and aims of colleagues who bore the brunt of Association activities some twenty-five years ago. It is hoped that such presentation will be of interest to both old and new members.—G. H. K.

BOARD OF MEDICAL EXAMINERS OF THE STATE OF CALIFORNIA†

By F. N. SCATENA, M. D.
Secretary-Treasurer

Board Proceedings

A regular meeting of the Board of Medical Examiners was held at the Elks Club, Los Angeles, February 7 to 10, 1944, at which written examinations were conducted for physician and surgeon applicants, hearings had on charges of violation of provisions of the Business and Professions Code, and petitions were considered for modification of terms of probation and for restoration of revoked certificates.

An oral examination is scheduled to be held in the offices of the Board, 907 State Building, Los Angeles, March 16, 1944. Oral examinations are required by law of reciprocity applicants basing applications on certificates issued by other States more than ten years before the filing date in California.

At the meeting of the Board of Medical Examiners, held in Los Angeles, February 7 to 10, 1944, ninety-seven applicants wrote the examination for a physician's and surgeon's certificate. No other class of applicants presented themselves for examination.

After regular hearings before the Board, the following disciplinary actions were taken:

Jean Nazareth Andrews, M. D. License revoked on February 9, 1944.

Gilbert M. Barrett, M. D. Placed on probation for five years, February 8, 1944.

Forest John Brainard, M. D. License revoked on February 9, 1944.

Edwin M. Chase, M. D. Placed on five years' additional probation on February 8, 1944.

Howard C. Cowlshaw, M. D. License revoked on February 8, 1944.

Joseph Warren Johnson, M. D. Placed on five years' probation, without narcotics, on February 9, 1944.

Herbert Bennett MacRae, M. D. License revoked on February 10, 1944.

Philip John Murphy, M. D. License revoked on February 10, 1944.

News

"The War Manpower Commission announced today that physicians, dentists, veterinarians, sanitary engineers, and nurses who are salaried employees in essential activities may not change their jobs hereafter without permission of the United States Employment Service." (Press dispatch dated Washington, January 10, published in the *San Francisco Chronicle*, January 11, 1944.)

"Aid in finding physicians was sought in the last year by 9,368 San Franciscans and newcomers, using the 24-hour emergency service provided by the San Francisco Medical Society, with an all-time high of 1,335 calls in December, attributed to the flu epidemic." (*San Francisco Call-Bulletin*, January 17, 1944.)

"A jury of six men and six women deliberated only ten minutes here yesterday afternoon before finding R. B. Broughton, Dos Palos druggist, not guilty of five misdemeanor counts of altering prescriptions for narcotics.

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† The office addresses of the California State Board of Medical Examiners are printed in the roster on advertising page 6. News items are submitted by the secretary of the Board.

Recent Advances in Medicine, 11th Edition

By G. E. Beaumont and E. C. Dodds, London

In this edition the sulphonamide and vitamin chapters have been expanded and a special article on Penicillin has been written. Important additions have been made to the chapters on kidneys, blood and sex hormones. A number of new articles and 2 new illustrations are included.

43 illustrations . . . 412 pages . . . \$5.50 (1943)

Practice of Refraction, 4th Edition

By Sir Stewart Duke-Elder (London)

This book presents all that is necessary for the clinical practice of refraction, without burdening the reader with innumerable mathematical proofs.

183 illustrations . . . 328 pages . . . \$4.50 (1943)

Hughes' Practice of Medicine, 16th Edition

Revised and Edited by Burgess Gordon, Jefferson Medical College

This book presents a convenient grouping of essential facts under each disease, giving the latest information. Articles on the sulphonamide drugs, modern war gases, and latest methods of treatment are included.

36 illustrations . . . 791 pages . . . \$5.75 (1942)

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For the Education and Psychiatric Treatment of Children of Average and Superior Intelligence. Boarding Home Facilities.

TOPEKA, KANSAS

BOOKS RECEIVED

(Continued from Page 10)

Gynecologist, Atlantic City Hospital, Atlantic County Hospital for Nervous and Mental Diseases, Pine Rest Hospital, Atlantic City Municipal Hospital and Atlantic Shores Hospital; Diplomate American Board of Obstetrics and Gynecology; Former Vice-President American Medical Association. C oth. Price, \$2.50. Pp: 256. Philadelphia, New York: J. B. Lippincott Company, 1944.

The "Basic Seven."—The seven essential food groups that supply us with the necessary vitamins, minerals, proteins, fats, and carbohydrates, are as follows: (1) Yellow and green vegetables; (2) oranges, tomatoes, grapefruit, raw cabbage; (3) salad greens, potatoes, other vegetables and fruits; (4) milk and milk products; (5) meat, poultry, fish, eggs; (6) bread, flour, cereals; (7) butter or fortified margarine. To keep healthy all of us have to make up our daily diet from these seven vital food groups.

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(Continued from Text Page 128)

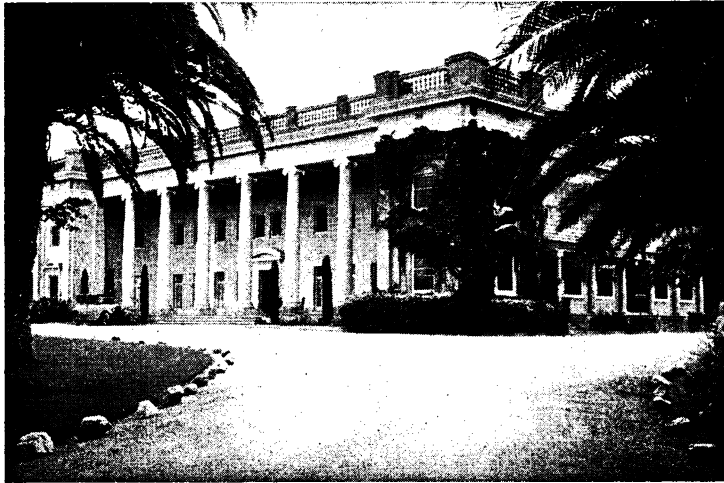
All days should be health days, but we must have one to start with, and this first Health Day will bear fruit a hundredfold; and with proper cultivation three hundred and sixty-fivefold, thus rounding out the lengthening years of robust health. . . .

Vicious Legislation.—At the beginning of the recess of the California State Legislature there were pending a total of 45 bills affecting public health, 7 concerned with pharmacy, 4 concerned with dentistry, 2 concerned with embalming, 1 concerned with the regulation of barbers, and 10 dealing with the practice of medicine. This last group of ten is brought to your particular attention now. . . .

You, as physicians, represent the intelligent, educated, trained leadership of the State. This position in which

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Medical Director

MAX ROTHSCHILD, M. D.
Founder

G. F. FAIRBAIRN, M. D.
MAX BAUMWELL, M. D.
Resident Clinicians

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you are makes it absolutely necessary for you to exercise the leadership which by right is yours. You, together and singly, are directly responsible for social welfare and civic improvement in all things pertaining to public health. . . .

State Psychopathic Hospital.—A bill has been introduced into the Senate by Senator M. B. Harris of Fresno (Senate Bill No. 429), and into the Assembly by Assemblyman Bennett of Santa Clara (Assembly Bill No. 389), providing for the establishment, government, and maintenance of a State psychopathic hospital.

The purpose of this hospital, as stated in the bill, is the study of abnormal mental states, their nature, causes, results, treatment, and prevention; education regarding such abnormal mental states; the dissemination of knowledge in such matters; the care, observation and treatment within

the wards of such hospital, out-patient department, or elsewhere in the State, of persons suffering from insanity and other abnormal mental states; the investigation in any part of the State into the primary or precipitating causes of insanity; to cooperate with local or State authorities and institutions in preventing abnormal mental states and aggravation thereof by unfavorable environment. . . .

The Los Angeles County Hospital.—In another column will be found a description of the Los Angeles County Hospital by its superintendent, Norman R. Martin. It is an institution of which the medical profession and other citizens of Los Angeles County may well be proud. . . .

EXCERPTS FROM ORIGINAL AND OTHER ARTICLES

From an Article on "Electricity Applied in Gynecology," by Olga McNeile, M. D., Los Angeles.—Electricity, like
(Continued in Back Advertising Section on Page 26)

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For Diseases of the Chest

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Intensive full-time instruction in those subjects which are of particular interest to the physician in general practice. The course covers all branches of Medicine and Surgery.

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Telephone PROSPECT 4321

San Francisco

TWENTY-FIVE YEARS AGO

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any other single therapeutic agent, is not a panacea for the relief of all pelvic pathology, but it has made itself one of the necessary methods of treatment in the practice of gynecology.

The most important factor to be considered is the proper choice of cases which will be benefited by the use of the current. It is my firm belief that the failures reported are due to the fact, firstly, that enthusiasts apply electricity in nearly every case that comes to their attention, with resultant injury to the patient and discouragement for the doctor, and, secondly, to the lack of care used in the choice of the kind and amount of the current used, and in the poor technique from the standpoint of asepsis. . . .

Excerpt From Los Angeles County Report.—With the beginning of the new year new activities have been inaugurated by the Board of Councilors.

Dr. Harlan Shoemaker, the secretary-treasurer, has enlarged the "Bulletin," with advertisements to help pay for the issue. A nurses' bureau will be opened in the secretary's office, 621 Marsh-Strong Building, where recommended nurses can register so that physicians and surgeons can secure promptly at any time the services of competent and responsible nurses. . . .

The president, Dr. W. T. McArthur, then asked the chairman of the committee appointed by him to read the vote of thanks on behalf of the Society to Dr. George H. Kress, the retiring secretary-treasurer; whereupon the

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URINE SEDIMENTS COUNTS

should be made to diagnose and follow the progress of the renal lesion in ACUTE, CHRONIC, AND LATENT GLOMERULAR NEPHRITIS, AND TO EXCLUDE NEPHROSCLEROSIS AND LIPOID NEPHROSIS.

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Each patient receives individual study and care. The referring physician receives regular clinical reports.

Climate is ideal. Located at 1,000 ft. elevation, 6 miles east of San Jose, overlooking the Santa Clara Valley. A folder will be sent on request.

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Superintendent and Medical Director

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Cabot Brown, M.D., San Francisco
J. Lloyd Eaton, M.D., Oakland

Visiting Staff:

Gerald L. Crenshaw, M.D., Oakland
Phillip H. Pierson, M.D., San Francisco
Glenroy N. Pierce, M.D., San Francisco
Ina Gourley, M.D., Oakland

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president presented, in fitting words, the beautifully engrossed, illuminated and framed document, together with the appropriately engraved gold watch as a token to Doctor Kress. . . .

Pasadena Mask Law Violators Arrested

Pasadena is a masked town, considerably to its own disgust, apparently: The ordinance passed by the City Commission last Saturday, making it a violation of law to appear on the streets or in any place where the public is admitted without a mask, has been enforced. About sixty persons were arrested for failing to obey the regulation and were released on putting up \$5 bail.

Excerpt From Correspondence: What's the Answer?

San Francisco, March 10, 1919.

To the Editor:—During the recent flu epidemic, I had a family in which four persons were ill at one time.

Two nurses were engaged, one for a twelve-hour day shift and the other for a twelve-hour night shift.

The Nurses' Association's charges are \$5 a day for the first patient and \$2 additional for each additional patient, making \$11 per twelve-hour service, for each nurse, or \$22 for twenty-four hours.

If one nurse had been engaged for all four patients, and she had worked for twenty-four hours, it would have been \$11 per day.

If the two nurses had been employed to care for two patients each, and each nurse had been on duty for twenty-

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HYGEIA SANATORIUM

Established 1935

Licensed by the State of California

OFFERS FACILITIES FOR CARE AND
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ALCOHOLISM

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NURSING
STAFF

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Recognized by the American Medical Association; Member of Association of Private Mental Hospitals and of the Western Hospital Association.

MRS. A. S. ALEXANDER, *President*

Telephone: BELMONT 40

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four hours, they would be entitled to \$7 a day each or \$14 for two nurses.

If four nurses had been employed for twenty four hours each, each nurse would have been entitled to \$5 a day, or \$20 for the four. . . .

Can the Nurses' Association supply me with the correct answer?

J. C. EGERBERG, M. D.,
*Central Emergency Hospital, San Francisco.
Department of Public Health, Emergency
Hospital Service, Office of the Chief Surgeon.*

*Excerpt From Correspondence: Workmen's Compensation
Red Tape.*

Visalia, Cal., February 12, 1919.

To the Editor:—In the February issue of your Journal

you invite the profession to send in their views concerning the relations and working of the Workmen's Compensation Insurance and Safety Act and the physician. As you say, "The Workmen's Compensation is and *will be*." Amen! I am for it; it was a long step in the right direction when that particular act was created by our law makers, but may I voice a feeble protest regarding the real hardship and inconvenience needlessly forced upon the doctor by that Act. I refer to the intricate method of reporting cases to the Industrial Accident Commission and to the numerous casualty insurance carriers. . . .

Why cannot this illimitable red-tape reporting be simplified or the fees trebled that we may keep an extra office assistant for the work?

Fraternally yours,

H. A. TODD, M. D.

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